



WELCOME GUIDE FOR INTERNATIONAL STAFF

BEFORE MY ARRIVAL

Visa application - Which visa for which situation ?

	Stay time	Students	Doctoral students	Teachers - researchers	Trainees
EU / EEA member or Switzerland	< or > than 90 days				
Non-EU member	> than 90 days	Long-stay visa valid as a residence permit for students	Long-stay visa "talent passport" or as a residence permit for students	Long-stay visa "talent passport"	Long-stay visa with the mention "trainee"
	< than 90 days	Short-stay visa	Short-stay visa	Short-stay visa	Short-stay visa

All procedures are carried out online on the following website :
<https://france-visas.gouv.fr/>

You do not need a visa if you are a **staff member from Switzerland or from a member of the European Economic Area (EEA)**.

International staff members, from outside the EEA, must present a visa.

[Click here](#) to check out the requirements and procedures needed to obtain a visa.

*EEA member states: Germany, Austria, Belgium, Bulgaria, Cyprus, Croatia, Denmark, Spain, Estonia, Finland, Greece, Hungary, Ireland, Iceland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Norway, the Netherlands, Poland, Portugal, the Czech Republic, Romania, Slovakia, Slovenia, Sweden.

You are a teacher-researcher, postdoctoral or PhD student

You may obtain a residence permit [talent passport - researcher - employment](#) if you meet the following criteria :

- You hold a qualification equivalent to a Master's degree or a five-year higher education qualification
- You are coming to France to carry out research or teach at university level
- You have a "Convention d'Accueil" (hosting agreement) with an approved public or private organisation responsible for research or higher education. The agreement must state that you are a researcher and specify the purpose and duration of your stay in France.
- Your salary as set out in the contract or your grant must meet the minimum amount specified by France Visa. Otherwise, your application may be refused.

Short-stay Visa (less than 3 months)

Depending on your nationality, you may need a short-stay or Schengen visa. The [Visa Assistant](#) can help you to figure out if this type of visa is required for your situation.

Please note that from the last quarter of 2026, you will need to hold an ETIAS (European Travel Information and Authorisation System) to stay in France for a short period. Apply for a "Short Stay" visa on the website <https://france-visas.gouv.fr/demande-de-visa>

Convention d'accueil

The Convention d'Accueil ("cerfa") or hosting agreement in english, which you need for your visa application is generated by the International Relations Office of Toulouse INP. In order to get an agreement signed by the Presidency, you must provide international@toulouse-inp.fr with the following documents at least 2 to 3 months prior your visa application :

- A letter from the laboratory, signed by the laboratory director, specifying the exact dates of the stay and the monthly salary, if applicable
- A copy of your ID (passport)
- A copy of the last diploma

You are a PhD student

For PhD students, you can choose between the [talent passport](#) and a visa serving as a [residence permit for students](#).

If you decide to apply for a talent passport, you must :

- Have an employment contract with your home or host organisation

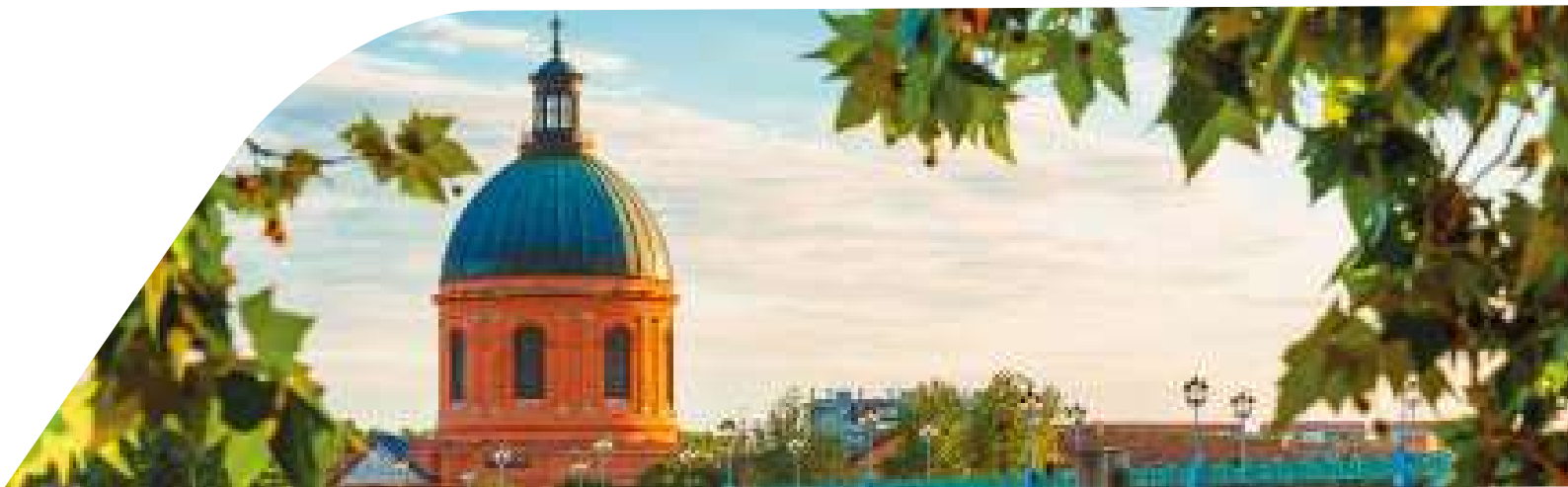
OR

- Be a scholarship holder and to receive monthly funding (scholarship plus any additional funding from the host institution) in excess of the minimum amount required for a PhD contract in public law.

If you have no employment contract or if your monthly funding (scholarship plus any additional funding from the host institution) is inferior to the minimum amount for a PhD contract in public law, you must apply for a student visa.

Procedures

- Apply for a "research talents passport" long-stay visa on the following website : <https://administration-etrangers-en-france.interieur.gouv.fr>
- For the "talent passport" long-stay visa, the Convention d'Accueil ("cerfa") you need for your visa application is generated by the International Relations Office.



2 WHEN I ARRIVE AT THE SCHOOL

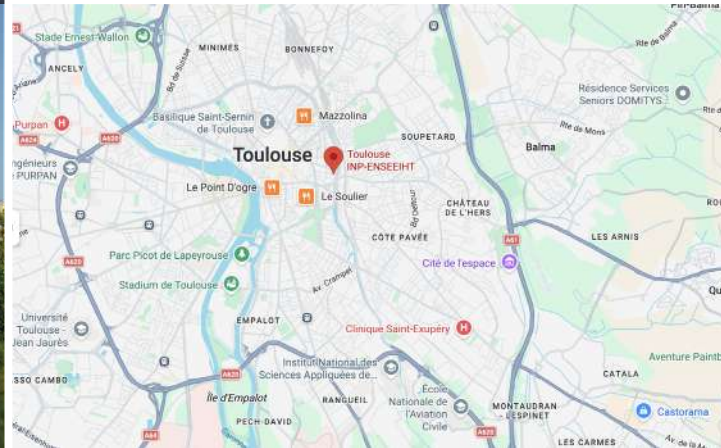
Validating your Visa

If you are in possession of a long-stay visa serving as a residence permit, you need to have it validated as soon as you arrive in France. This procedure is mandatory and has to be carried out online in the three months following your arrival on the following website : <https://administration-etrangers-en-france.interieur.gouv.fr/particuliers/#/>

To [collect your residence permit](#), you will need to go to the Welcome Desk or to the [préfecture](#) depending on your status. On the day of the appointment, you will need to present :

- Your passport
- The latest residence permit and receipt
- A revenue stamp

Accessing the Toulouse INP campuses



The Tisséo Network

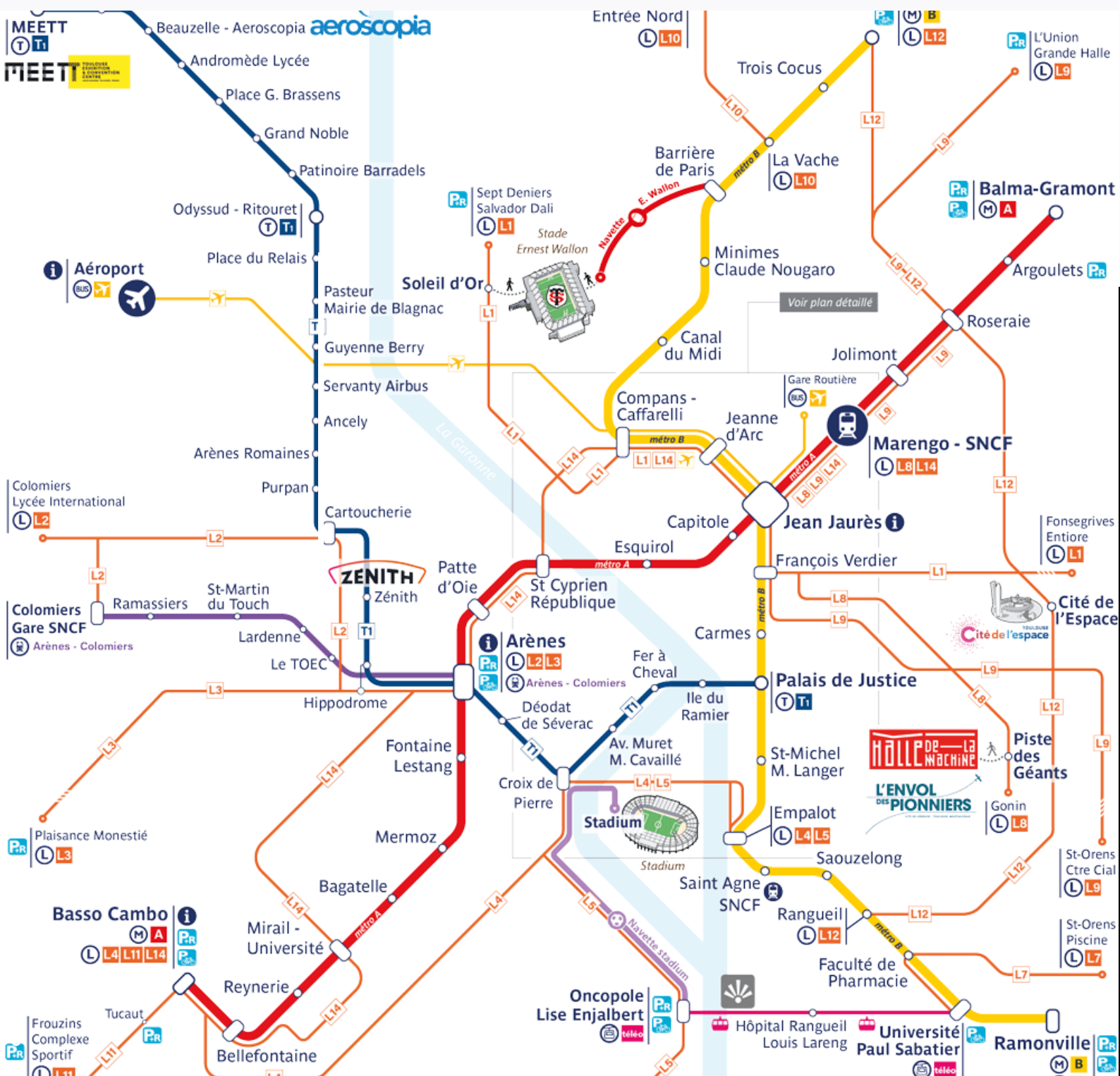
- 2 subway lines (soon to be 3!)
- 1 tramway line
- More than 100 bus lines
- The longest urban cable car in France : Téléo, linking the University of Toulouse with the Oncopole and passing by Rangueil hospital

How do i get to my campus ?

INP-ENSIACET : Line B Ramonville stop + bus 79 towards Labège Couder stop at INP

INP-AgroToulouse : Line B Ramonville stop + bus L6 towards Castanet-Tolosan stop at Moulin Armand

INP-ENSEEIH : Line B or bus L1 or L8 stop at François Verdier or Line A stop at Jean Jaurès



Prices

Prices :

Making the [Carte Pastel](#) (with ID and photograph) : 9 €

- Annual subscription (20 to 25-year-old students) : 169,60 €
- 31 days (20 to 25-year-old students) : 16 €

How to obtain my Carte Pastel ?

By presenting an ID and an ID photograph, you can get it online on the [Tisséo Website](#) or directly in a [Tisséo Agency](#).

Other travel tickets available with a rechargeable ticket :

- 3 days : 14,40 €
- 1 day : 7,20 €
- 10 trips (20 to 25-year-old students) : 6 €
- 1 trip : 1,90 €
- From/To the airport, check out the [different options](#) (starting from 1,90 €)

[Download the
Tisseo App](#)

Vélo Toulouse

- Available 24/7 – 283 stations
<https://velotoulouse.tisseo.fr/fr/offers/groups>
- 24h Liberté offer : 2 €
- Liberté 1 trip : 1 €

The first 30 minutes of each trip are free.



Repatriation and luggage theft insurance

Visiting foreign teachers should directly contact MAIF Assistance.

- Contract number : 4362587 P
- Contact number in the event of a claim (France) : 0 800 875 875

HEALTH INSURANCE

For **doctoral students** : Social Security enrollment – CPAM

- The health insurance system in France covers part of medical expenses (consultations, medications, hospitalization, etc.).
- All non-european international students must enroll in the French social security system upon arrival by registering for free on the official website : [Assurance Maladie](https://assurance-maladie.fr).
- You will be required to provide the following documents :
 - An ID
 - Your residence permit
 - A school enrollment certificate for the current academic year
 - An IBAN (International Bank Account Number) or a bank account statement (RIB) for reimbursements
 - A civil status document necessary to create your identification number (commonly called the "social security number"). The adequate civil status documents are :
 - a full copy of the birth certificate
 - an excerpt of the birth certificate with parentage (or any document issued by a consulate)
 - Family record book
 - A marriage certificate

International agreements and conventions may require additional documents, see the "Special Cases" section below.

For **post-PhD and researchers** : Social Security enrollment – CPAM

- **Short stay (less than 3 months) :**
Travel insurance or international health insurance: Provides medical coverage in case of illness or accident. Mandatory if the professor comes with a short-term Schengen visa. Examples: Allianz Travel, AXA Assistance, Cigna Global.
- **Long stay (more than 3 months) :**
Affiliation to the French Social Security (via the university or URSSAF): Since 2019, invited researchers and teachers may sometimes be able to join the general French Social Security depending on their contract. Check with the HR services. Otherwise, register for a private health insurance plan.

Special cases : Internationals from EU/EEA/Switzerland, Quebec, Andorra

- If you are a **citizen of the EU/EEA/Switzerland** : Make sure you have the European Health Insurance Card (EHIC). If you do not have an EHIC, you will need to register on etudiant-etranger.ameli.fr
- If you are a **citizen of a non-EU/EEA country** : When registering on the etudiant-etranger.ameli.fr website, you must provide a residence permit.
- If you are a **citizen of Quebec** : Before your departure, request from the RAMQ the form SE 401-Q-102 bis, "Certificate of Membership in a Quebec Health Insurance Plan prior to departure for France".
- If you are a **citizen of the Principality of Andorra** : Before your departure, request from your health insurance fund the form SE 130-04, "Certificate of entitlement to healthcare benefits, including maternity, during a stay in the territory of the other State".

Civil liability insurance

If you have a bank account, you can purchase insurance through an insurance agency or a bank.

Additional health insurance

Since the EHIC does not cover all costs, an additional health insurance is recommended.

EVERYDAY LIFE

Managing your expenses

Average prices of some basic products :

- Baguette : 1 €
- Croissant : 1,10 €
- Coffee : 1,40 €
- Restaurant : 15 à 25 €
- Meal at the university restaurant : 1 € (for students)
- Groceries : about 40€/week

Accommodation

Here is a non-exhaustive list of accommodation (rooms, hotels, hostels, aparthotel, etc.) in the city centre or near your campus :

Short stays

Alfred Hôtel Toulouse Centre Wilson, The social hub, Hôtel F1 Ramonville, Hôtel Le Sextant, Ibis Budget Toulouse Labège, Ibis Toulouse Centre Canal du Midi, La petite auberge de Saint-Sernin, Appart'hôtel Oda-lis City Colombélie, Grand hôtel d'Orléans, Hôtel Ours Blanc Centre

Long stays

Studapart is the housing partner of Toulouse INP. Find accommodation in just a few clicks and with full confidence ! For other housing options (university residences, private housing, shared apartments, etc.), additional information is available on [this website](#).

Address book

International Relations Offices of Toulouse INP

- Common services :
6, allée Emile Monso, F-31400 TOULOUSE
international.inp@toulouse-inp.fr
- INP-ENSIACET :
4, allée Emile Monso, 31029 TOULOUSE
international.ensiacet@toulouse-inp.fr
- INP-AgroToulouse :
Avenue de l'Agrobiopole, 31326 CASTANET-TOLOSAN
international.ensat@toulouse-inp.fr
- INP-ENSEEIH :
2, rue Charles Camichel, 31071 TOULOUSE
international.enseehit@toulouse-inp.fr

MY LIFE ON CAMPUS

Summer schools

Toulouse INP organizes an intensive French language course for incoming students before the start of your academic year.

The course includes 20 hours of classes per week, preparation for studying at an engineering school, as well as cultural activities and guided tour (one per week).

<https://www.inp-toulouse.fr/fr/international/summer-schools.html>

French as a Foreign Language (FLE) courses

French as a Foreign Language (FLE) courses, along with many other languages (English, Spanish, Italian, Chinese, Japanese, Portuguese, Swedish, ...) are offered throughout the academic year to PhD students and teaching-research staff at University of Toulouse member institution.

More information about french courses offered by the [University of Toulouse](#).

Sports

- All information on [how to practice a sport on campus](#).

Emergency numbers

General emergency number : 112

Emergencies (SAMU) : 15

Firefighters : 18

Police : 17

SOS Médecin : 36 24 ou 05 61 33 00 00

Poison center : 05 61 77 74 47



TOURISM AND CULTURE

You can find [here](#) a touristic map of Toulouse



A touch of nature in the city :
the jardin des plantes, japanese garden, royal garden, jardin du Grand-Rond, prairie des filtres, jardin Raymond VI, and the [Pech-David sports and leisure centre](#)

Sports

The Ernest Wallon Stadium to watch a rugby game featuring [Stade Toulousain](#) or [Toulouse Olympique XIII](#)

The "Stadium" to cheer on [TFC](#)
There are several [public swimming pools](#) in Toulouse and the surrounding area.



Must-sees in Toulouse : Capitole, Garonne river banks, Saint-Sernin Basilica, Jacobins convent



La Cité de l'espace :
regular day ticket : 29 €



La Halle de La Machine :
full price starting from 12 €



Culture

Music and Concerts



Toulouse has been designated a City of Music by UNESCO. This international recognition highlights the city's history and excellence in this field. The title pays tribute to musicians and to all those who contribute to the vibrancy of the city's musical life.

From large concert halls dedicated to classical or contemporary music to small café-concerts, there is something to suit every musical taste and every budget.

- [Zénith](#)
- [Bikini](#)
- [Maison Blanche](#)
- [La halle aux grains](#)
- [The Métronum](#)
- [The Rex](#)
- [Interférence](#)

Cinema



Cinema holds a special place in Toulouse. From mainstream cinemas showing films in their original language to arthouse cinemas offering a more specialised programme, there is something for everyone when it comes to cinema.

Toulouse is home to a large Latin American and Spanish community, and hosts two film festivals showcasing the latest releases from these cultural regions.

- [Pathé Gaumont Wilson](#), [Pathé Gaumont Labège](#)
- [UGC Toulouse Montaudran](#)
- [American Cosmograph](#)
- [Le Cratère](#)
- [ABC](#)
- [Utopia Borderouge](#)
- [Cinémathèque de Toulouse](#)

Museums



- [Musée des abattoirs](#) (full price : 10 €)
- [Musée Aéroscopia](#) (full price : 15 €)
- [Le Quai des savoirs](#) (full price starting from 9 €)
- [Musée départemental de la résistance et de la déportation](#) (free)
- [Musée Saint-Raymond](#) (tarif plein : 5 €)
- [Muséum d'histoire naturelle](#) (tarif plein : à partir de 9 €)

Theater



In Toulouse, many theatres put on performances every evening.

In September, the Ramonville Street Arts Festival offers the chance to discover a wide variety of artists from a range of disciplines (theatre, clowning, acrobatics, etc.)

- [Café-théâtre les 3T](#)
- [Théâtre Garonne](#)
- [La cave poésie](#)
- [Le théâtre du Grand Rond](#)
- [Théâtre de la cité](#)
- [Le Sorano](#)

Festivals



- [Rio Loco](#) (mid-june)
- [Ciné latino](#) (end of march)
- [Rose festival](#) (end of august)
- [CinEspaña](#) (start of october)
- [Festival Le Marathon des Mots](#) (end of june)
- [Pause Guitare](#), Albi (start of july)
- [Le Festival de Carcassonne](#) (end of june)

Events in Toulouse



- Every december, the christmas market takes over Capitole Square
- On the 21th of june, it is World Music Day, go out in the street and celebrate !

Les halles de la Cartoucherie

Open every day of the year, Les Halles offers dining and sports facilities, workspaces, a performance venue and a wide range of events, most of which are free.

Opening hours: 8.00 am – midnight / 1.00 am

Gastronomy

Where to eat ?

- [Victor Hugo Market](#), 6AM – 2PM from tuesday to sunday
- Place Saint-Georges
- [Ma Biche sur le Toit](#) : standing on top of the Galeries Lafayette, enjoy a stunning view over the roofs of Toulouse, to grab a bite or a drink while admiring the sunset.

Places to grab a drink and go out

- Capitole Square
- Carmes
- Place Saint-Georges
- Saint-Cyprien
- Around the Saint-Sernin Basilica
- Place Saint-Pierre
- Saint-Aubin

"Guingettes" (open-air summer bars and restaurants)

- [Horizon](#) : guinguette on a barge
- [Racines](#) : alongside the Garonne river
- [La Friche Montaudran](#)

Specialities from Toulouse

- Cassoulet
- Toulouse sausage
- Cachou Lajaunie : small liquorice and catechu candy
- Violet

In Occitanie

Albi

Not far from Toulouse, Albi is a magnificent historic town renowned for its remarkable architecture and cultural heritage. The Episcopal City is a UNESCO World Heritage Site and is well worth a visit on a day trip !

Must-see sites

- The [Sainte-Cécile cathedral](#), the world's largest brick cathedral, famous for its imposing Gothic architecture and its richly decorated interior.
Reduced price : 5 € (full price : 6 €)
- The [Toulouse Lautrec museum](#), This museum houses the world's largest public collection of works by the painter Henri de Toulouse-Lautrec, who was born in Albi.
Student price : 5 € (adult 10 €)
- The [palais de la Berbie](#), former episcopal palace with wonderful gardens and panoramic point of view over the Tarn river.

Opening hours: 8.30 am – 6.30 pm (8 pm from June 1 to September 31)



The mountains

For nature lovers, the Pyrenees are just a few hours away from Toulouse by train or carpool.

- Skiing in winter ([Ax-3-Domaines](#), [Saint-Lary](#) or [Font-Romeu](#)).
- Hiking in summer ([lac d'Oô](#), [cirque de Gavarnie](#)).
- The [Pic du Midi](#) : impressive panorama at 2877 meters high, accessible by cable car. Starting from 34 €

The cité de Carcassonne

Take a journey back to the heart of the Middle Ages with a visit to the Cité de Carcassonne, a magnificent fortified town listed as a UNESCO World Heritage Site. Close to Toulouse, treat yourself to a cultural afternoon away from it all.

- Individual price: €19 (from 2 June to 30 September 2025), €13 (from 1 October to 31 March 2026)
- Free for people under 26 (from EU and non-EU foreigners living in France)
- Visits are available in french, english and spanish.

Walks or bicycle rides along the paths on the banks of the [Canal du midi](#), a UNESCO World Heritage Site. It's a peaceful and picturesque way to explore Toulouse and its surroundings, ideal for relaxing, exercising or getting about on a daily basis.

The Mediteranean Sea

- [Collioure](#) : a colourful and picturesque harbour. Enjoy the beaches, the royal castle and the bustling narrow streets.
- [Narbonne](#) : A town steeped in history, just 1h30 hours by train from Toulouse. Visit Saint-Just Cathedral and the market halls, then head to Narbonne-Plage for some sun and sea.
- [Gruissan](#) : a charming village with beaches, [pink salt flats](#) and wooden huts on stilts.

To move around the Occitanie region, remember to use public [public transportation](#).

<https://www.tourisme-occitanie.com/>

<https://www.toulouse-tourisme.com/autour-de-toulouse/escapades-a-moins-de-2-heures/>

<https://www.toulouse-tourisme.com/autour-de-toulouse/excursions-organisees-autour-de-toulouse/>

Social Media

facebook.com/toulouseinp

instagram.com/toulouseinp

linkedin.com/school/toulouseinp

scoop.it/u/inp-toulouse

inp-toulouse.fr/en/index.html